

What is UMP Plus – Puget Sound High Value Network? And What's in It for Me?



Uniform Medical Plan (UMP) is a health plan offered to eligible Washington state public employees (active and retired), Leave Without Pay members, non-Medicare retirees or COBRA members. In 2017, UMP is offering eligible state employees access to two Accountable Care Programs (ACPs), one of which is UMP Plus – Puget Sound High Value Network (PSHVN).

UMP Plus – PSHVN is a group of eight industry-leading medical organizations — Edmonds Family Medicine, EvergreenHealth Partners, MultiCare Connected Care, Overlake Medical Center, Rockwood Health System, Seattle Children's, SignalHealth and Virginia Mason — that are collectively committed to serving as your coordinated provider network and providing excellent customer service in Grays Harbor, King, Kitsap, Pierce, Snohomish, Spokane, Thurston and Yakima counties.

In addition to these participating organizations, Capital Medical Center in Olympia is designated as a network hospital for Thurston County. This means all hospital services received at Capital Medical Center will be covered at the higher network level.

Supported by Regence, UMP Plus – PSHVN connects PEBB program members to high-quality primary and specialty care close to where people live and work. Our commitment is to provide you and any covered dependents with easy access to the right provider at the right time.



Finding a Provider

To search for a UMP Plus – PSHVN provider, visit PugetSoundHighValueNetwork.org.

IMPORTANT: To receive the highest level of coverage, you and your covered dependents must receive health care services from primary care and specialty providers through any of the participating organizations listed above. In addition to these participating organizations, Capital Medical Center in Olympia is designated as a network hospital for Thurston County. UMP Plus – PSHVN covers facility charges at Capital Medical Center in Olympia at the network level. However, other services at Capital — including all physician charges — are considered non-network, unless the services are due to a medical emergency. Emergency services are covered at the network rate.

For More Information

For more information about UMP Plus – PSHVN and to find a network provider, visit PugetSoundHighValueNetwork.org or call 1-855-776-9503.

For information about your medical coverage, call Regence at 1-888-849-3681.



FLEXIBLE. PARTNERSHIP. ALL-STARS.

Three words that define UMP-Plus – Puget Sound High Value Network and its commitment to improve patient experience, health of populations and reduce the per-capita cost of health care.



Revolutionizing the Overall Approach to Patient Care

UMP Plus – PSHVN participating medical organizations share a vision to move toward total patient care. Our network providers are committed to collaboration and using best practices along with research-based medicine to share decision making with you. This approach, combined with participating in quality-improvement measures, means providers are focused on improving your overall health, together, as your health care partner.

Convenient Access to More Care Options Throughout Washington State

For your convenience, UMP Plus – PSHVN spans eight counties and includes:

- More than 2,300 primary care providers
- More than 5,000 physician specialists
- More than 470 clinics
- 15 hospitals
- Over 45 urgent care clinics
- An extensive network of emergency departments and trauma centers



Comprehensive Array of Services

UMP Plus – PSHVN provides members and their covered dependents access to a comprehensive array of services, including:

- One of the most comprehensive health care networks in Washington state, including services ranging from primary care to the most advanced specialty care available
- Free office visits when you see a provider in the primary care network (Please note: Some services

provided during the visit may require cost-sharing, so you are encouraged to ask your provider about that if you have any questions.)

- Dozens of multispecialty clinics, where physicians coordinate many services for patients to help them manage chronic disease
- Almost 50 urgent care clinics conveniently located throughout Washington state
- The largest home health and hospice agency in the Puget Sound area
- The first skilled-nursing and outpatient chronic care management program in the United States planned, funded, built and staffed to meet the needs of people living with HIV-AIDS and other chronic or terminal illnesses
- Comprehensive network of pediatric providers and hospitals, including one of the nation's leading facilities as ranked by *U.S. News & World Report*
- The top bariatric surgery program in Washington state based on clinical performance by Comparison® Medical Analytics
- The only multispecialty clinic in Yakima County, integrating community clinical health care services through innovative communication systems and population health initiatives, facilitating appropriate, convenient access to services for patients
- A hospital-based chemical dependency unit and wound healing center in Grays Harbor County
- The largest, most comprehensive, 24-hour nurse navigator and health line in the Puget Sound region
- Dedicated phone number to support scheduling and appointments

Broad Geographic Reach

UMP Plus – PSHVN participating organizations include:

- Edmonds Family Medicine
- EvergreenHealth Partners
- MultiCare Connected Care
- Overlake Medical Center
- Rockwood Health System
- Seattle Children's
- SignalHealth
- Virginia Mason

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Participating UMP Plus – PSHVN Organizations by County



(Snohomish County)



(King, Kitsap and Snohomish Counties)



(King County)



(Puget Sound Region)



(King County)



(Spokane County)



(Puget Sound Region)



(Yakima County)

